

2000



COUNCIL OF EUROPE CONSEIL DE L'EUROPE

CERTIFICAT

JIRASOVA Martina

a participé à un
**Stage de langue française
pour animateurs de jeunesse**

(niveau 2)

organisé par le Centre Européen de la Jeunesse du Conseil de l'Europe en collaboration avec l'Université des Sciences Humaines, Strasbourg, du 27 août au 23 septembre 2000.

Strasbourg, 22 Septembre 2000

Anne DUSSAP
Conseillère pédagogique
Responsable du programme des stages de langue

Odile RAFFNER
Directrice du stage
Responsable de formation F.L.E.

Conseil de l'Europe
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ALTEMUS

hereby certifies that

Martina Jirasova

*has successfully completed the one month
ALTEMUS Leadership Training Programme*

Christine M. Medycky

Christine M. Medycky

President

ALTEMUS

ALTEMUS

This letter certifies that MARTINA JIRASOVA has successfully completed the ALTEMUS Leadership Training Programme. Altemus (www.altemus.org) is a non-profit educational organization dedicated to helping young people (students and professionals) from emerging democracies develop their leadership potential.

The Altemus Leadership Programme took place in Umbria, Italy (2002) and Prague, the Czech Republic (2004). The participants completed one-month of seminar course work (full time) including seven days of outdoor experiential learning.

The curriculum covered:

- Personal leadership (self-awareness, visioning and goal-setting, planning, organizing, positive thinking, confidence building, adapting to change)
- Communication Skills
- Cultural Awareness
- Building and Working in Teams
- Conflict Resolution
- Stress Management
- Project Management
- Leadership Theory and Practice

The outdoor leadership component included:

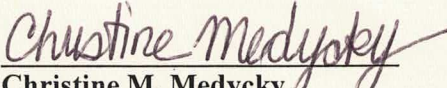
- Individual and team-problem solving (rock climbing, high challenge rescue exercise, and ropes course)
- A wilderness expedition to apply newly acquired leadership skills and teamwork principles. Participants took full responsibility for planning, organizing and carrying out an expedition in Monti Sibillini National Park (Italy) during which they made all decisions, analyzed and solved problems, exercised flexibility in the face of changing conditions, dealt with conflict, realized individual and team goals.

The methodology of the ALTEMUS Leadership Training Programme is highly participatory and interactive. It consists of presentations, case studies, simulations, meetings with role models who share their life experiences and hard-earned wisdom, team work, outdoor experiential and expeditionary learning.

Altemus' international faculty is comprised of academics, trainers, psychologists and outdoor educators from leading educational institutions, international organizations, NGOs and corporations.

ALTEMUS wishes to recognize and congratulate Martina Jirasova for her efforts and progress in developing her leadership potential. Martina's qualities, competencies and spirit will make a positive contribution to any professional or academic endeavor she chooses to undertake.

Dated 15 May 2004


Christine M. Medycky
Founder & President
ALTEMUS



COUNCIL OF EUROPE CONSEIL DE L'EUROPE



Directorate of Youth and Sport
Direction de la jeunesse et du sport

Certificate

This is to certify that

Martina Jirasoa

participated in the

Study Session

“Training for Trainers”

organised by the Directorate of Youth and Sport of the Council of Europe at the European Youth Centre, Strasbourg

26 of January to 1 of February 2004

Participants received training in:

- Development of competencies for intercultural learning in the context of international youth activities;
- Choosing and adapting methods when planning a training course;
- Skills required for preparing and running international and national youth activities within a European context;
- Transmission of acquired skills, competencies and attitudes.

Strasbourg, 1 February 2004

Educational Advisor
Inge Stuer

Trainer
Hélène Barkovic

Council of Europe
Directorate of Youth and Sport
European Youth Centre Strasbourg
F - 67000 Strasbourg, France
30, rue Pierre de Coubertin
Tel : +33 3 88 41 23 00
Fax : +33 3 88 41 27 77

“Training for Trainers” EYC Strasbourg



This is to certify that

Martina Jirasova

successfully completed an Alliance Training for Trainers Course. The course included a 42-hour study session that took place at the European Youth Centre in Strasbourg 25th January - 1st February 2004.

This training course is designed for trainers of international groups. The participants represent individual member organisations of the Alliance.

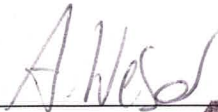
The theme of the training course was “Basic Skills of running a training course with an international focus.”

The participants received training in:

- Facilitation, debriefing, and evaluation
- Planning and structuring a training
- Selecting and adapting methods
- Roles and responsibilities of a trainer

While running sessions on the following topics:

- Communication
- Conflict Management
- Motivation
- Group Development
- Intercultural Learning

Signed: 
Astrid Weber
Course Director

31st January 2004



The Alliance is a network of international voluntary service organisations. The Training for Trainers course forms the first step in Alliance policy on training. It aims to promote and facilitate exchange amongst international youth trainers in order to help member organisations raise the general standard of training within the Alliance.

Email: alliance@alliance-network.org Website: www.alliance-network.org



Mládež

Česká národní agentura MLÁDEŽ
uděluje

CERTIFIKÁT

Martině Jirasové

z organizace INEX SDA
za aktivní účast na školení neformálního vzdělávání

FORMELA TEOPRAX

26. – 29.1.2006 Brandýs nad Orlicí, Penzion Mítkov
Teorie a praxe neformálního vzdělávání

Tým školitelů

Zástupce ČNA

V Praze dne 29.1.2006

