

Mgr. Martina Ekrťová

Profile



Born

June 2, 1978

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Title

Mgr.

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Personal email:

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jazyky

Active:

Czech
English

Passive:

French
Russian

Work experience

12/2022 Until now	Gestalt coaching - www.martinaekrtova.cz , independent practice - coaching, consulting, training	freelance coach
9/2021 – 12/2022	Free Press for Eastern Europe, foundation Member of the administrative team of the Science+ pilot project to build a network of journalists for sharing verified information on health issues related to the COVID pandemic. International cooperation: CR, PL, HU, BG, RO, SK.	Freelance expert
10/2018 Until now	HoST Home - Start ČR, z.ú.; hostcz.org Financial management of a non-profit organization dealing with the support of vulnerable families with children under 6 years of age: • Management of the ESF Innovation project - new ways of working with vulnerable families - research using the design thinking method • Financial and operational management of the organization (branches: Prague, Brno, Ostrava, Hradec Králové). • expert services: development of a database for reporting interventions in client and volunteer work - placing an order for an external programmer, cooperation on product development.	financial manager
6/2016 – 2/2018	INEX-SDA, z.s.; inexsda.cz Personnel, program and operational management of a non-profit organization dealing with international volunteering and youth exchanges . Sending about 1000 volunteers a year to municipalities and NGOs in the Czech Republic and abroad to the so-called „workcamps“. • strategic and development activities - cooperation with companies; • expert training – lectures; • project fundraising and project management.	director
1/2012 – 10/2014	CEREBRUM, z.s.; cerebrum2007.cz Financial management of a non-profit organization dealing with the support of people with brain injuries and their families: • financial management - cash-flow monitoring, preparation of the financial part of applications for subsidies and reports for donors, including ESF project, treasury management, invoicing, preparation of documents for salaries, communication with an external accounting firm; • Lecturer in the basics of accounting , administration and financial literacy in a retraining course for people with a brain injury.	financial manager
6/2006 – 3/2010	INEX-SDA, z.s. – inexsda.cz Personnel, financial, operational and program management of an organization dealing with international volunteering. Restructuring of the organization with 3 branches in the Czech Republic, financial stabilization, development of a team of employees and volunteers.	director
2/2004 – 3/2006	Secretariat of the Government Council for National Minorities, Office of the Government of the Czech Republic	clerk

Education

2000 - 2004	General Anthropology - Integral study; thesis: Vietnamese children among us - qualitative anthropological research at Czech elementary schools	Faculty of Humanities, Charles University, Prague Mgr.
1996 - 2000	Basics of humanities; bachelor's thesis: Vietnamese through the eyes of Czech society - quantitative research - high school students and CKD employees	Faculty of Humanities, Charles University, Bc.
1992 - 1996	Foreign trade economics: high school diploma: mathematics, Czech, English, accounting, business economics	Business Academy Heroldovy Sady Prague 10

Lecturer skills - implemented trainings

2023 - Gestalt coaching, Prague Mental Health Week at Johnson and Johnson (AJ) – presentation of the Gestalt approach in coaching (hybrid lecture for company employees);

From 12/2022 - until now: coaching and financial counselling for solo, [APERIO project Take a breath!](#)

2022 - implementation of custom training:

- [APERIO](#) – **Household finances and how to (not) think about them better:** a course within the cycle for single parents,
- [Translators of the North, z.s.](#) – Introduction to the financial management of associations.

2018-2019 [Center for the Integration of Foreigners](#) - **Volunteering: mentoring a woman from Ukraine** who is learning Czech and looking for new ties in the Czech environment

2018 [Johnson and Johnson](#) (AJ) Strategic Planning Facilitation - one-day event for company managers (methodical management and facilitation of a team of 40 people);

2017 **Communication in the team** (AJ) - two-day training on request for the company [Johnson and Johnson](#) (participation in the creation of methodology and tutoring, ensuring the logistics of the event);

2012-14 [CEREBRUM, z.s.](#) - **Basics of accounting, administration and financial literacy for people with brain injuries** (three-month cycle – creation of methodology, tutoring);

1994– 2008 [INEX-SDA, z.s.](#) - participation in international workcamps and trainings for youth workers in the role of participant, leader, trainer, trainer of trainers - Czech Republic, Germany, Italy, France, Georgia, Armenia, Turkey).

Courses / trainings/self experience

5/2024 - 7th Czech Gestalt Psychotherapy Conference - GESTALT of LOVE;

11/2023 - The Hero's Journey - IVGT Prague - 27 h;

9 – 11/2023 - Compassionate Inquiry Circle - 20 h;

3/2023 – 7/2024 – individual gestalt psychotherapy - 54 h;

9/2022 - 5/2023 Gestalt Essence – training in Gestalt coaching - 146 h;

2016-2017 Senior Lean In Club – Business Leaders Forum - regular meeting and sharing within a group of female managers;

2018-2019 [Center for Integration of Foreigners](#) – Volunteering - **mentoring of a woman from Ukraine who was learning Czech** and looking for new experience and relations in the Czech environment.

2006-2009, 2013-2019 – [Art therapy courses](#) – group psychotherapy under the guidance of acad. painter and psychoanalytical therapist Kamila Ženatá - 300 h;

2004 Training for Trainers, [Alliance](#), Council of Europe, Strasbourg, France;

2002, 2005, 2007 Leadership training [ALTEMUS](#) - Altemus, Itálie, ČR, Polsko;

2000 Stage de la langue français pour Animateurs de Jeunesse, [CEJ](#), France;